



'THE TOWERS' SMALL TALK



Volume 12, Number 16

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Warrior and Family Support Center Names Volunteer of the Year

Our own Eva Balcazar was selected as the Warrior and Family Support Center Volunteer of the Year at the Volunteer Recognition Luncheon held on April 27, 2011. Eva works several four-hour shifts each week and is one of the first to volunteer to fill open shifts when another volunteer cannot make their normally scheduled shift. She volunteers at the Center to help with almost all special events, teaches Warriors how to cross stitch and helps with the scrap-booking committee. She has even helped to decorate and coordinate wedding ceremonies at the Center. Eva is an essential part of the of WFSC team. Congratulations!

Marble Floors.....The marble floors on the first floor will be refinished beginning Sunday, May 8th. The work will be performed from 10 PM until early morning Sunday through Thursdays. The project is anticipated to take approximately two weeks. Please be cautious walking around these areas. Thank you for your cooperation.

Pat Gonzalez
Director of Housekeeping

Congratulations to L. J. Cott –April's "Movement is Medicine" winner in the Wellness Center. You could be the next winner! Keep working out and turning in those cards! I am here in the Wellness Center ready to help you figure out where to start. Come by or call so we can get together and get you moving!

Deb Buie
Fitness Specialist

Bible Study Class...this class will be cancelled for **Wednesday, May 11th**. It will resume the following week.

Computer Club...this class will be cancelled for **Wednesday, May 11th**. It will resume the following week.

Catholic Mass at PLW...Mass will be held on **Wednesday, May 11th at 10:30 AM** in the PLW Activity Room on the first floor.

Audio Books on CD

There is now a selection of audio books on CD located in the elevator lobby on the ninth floor. There is no need to sign them out; we do ask that you return them there after you enjoy them. Some audio tapes are still available on the large carousel in the Card Room on the first floor.

Dorothy Pakalka
Unit #401

Attention Residents.....

Due to heightened Security at Ft. Sam, we may be asked to temporarily use the Walters Street gate when transporting residents on our bus to and from Ft. Sam.

Please understand there may be traffic delays.

We appreciate your patience and understanding.

Pat Krbec
Director of Resident Services

Safety & Security

We have recently witnessed an event on the world stage that has impacted us all...the death of Osama bin Laden. Because of this event, the threat level at all military installations in San Antonio has been raised. This gives us pause to think of our own safety and security here in The Towers. While we do not envision any possible danger here, it is always good to be alert. We must all be vigilant and aware of anything or any person that seems out of place as we come and go from the building. The safety and security of our Residents and Associates is of paramount concern each and every day. While we have 24-hour Security and

32 cameras monitoring the property, we can each do our part by being the eyes and ears of the community. Report suspicious activity to Security (i.e. strangers in the building who are not wearing the yellow ID badges or someone following you onto the property or into the garage). It is the responsibility of all of us to be good neighbors and watch out for the community that we hold so dear.

Jeff Vetter
Director of Operations

What happens if you die without a Will in Texas?

If you die without a Will in Texas, the State determines who will receive your property. In addition, your heirs will be subjected to a burdensome, complicated and expensive probate process. An administrator must be appointed for your estate and the court must hold a formal hearing to determine who your heirs are. This involves an intrusive investigation into your personal history.

Why not save your family these extra worries by taking appropriate steps now to plan for the future by ensuring that you have a Will prepared and providing them with a copy?

It is also helpful to supply The Towers with a copy of your Advance Directives, along with a copy of your Will. We understand the confidentiality of these and they are kept in a locked file cabinet.

It is extremely helpful for us to have these when an emergency situation arises. There have been recent situations where we needed to fax the copies of Advance Directives to a local hospital emergency room when family members could not be contacted.

Please take these simple steps today to make things easier in the future.

Pat Krbec
Director of Resident Services

In Memoriam

**Peter Cotellesse
Unit #801
Bill Bassett
Unit #1013
Ruth Finnegan
Unit #2208**

Laundry Rooms.....

Please remember the hours of operation for the use of the Laundry Rooms are **7 AM to 9 PM**. As a courtesy to your neighbors, please consider the noise the machines generate and refrain from using them early in the morning or late at night. Also, take into consideration resident's whose bedroom walls might border the Laundry Room.

Pat Krbec
Director of Resident Services

Many thanks...My deep love and abundant appreciation to all of you wonderful friends who remembered me on my recent birthday! Y'all are the very best!

Boots Shaw
Unit #709



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Mon:	Chicken Parmesan
Tues.	Spaghetti with Meat Sauce and Breadstick
Wed.	Crispy Tacos with Rice and Beans
Thurs.	Chef's Choice Special
Fri.	Fried Catfish Strips with Cole Slaw
Sat:	Hot Dog Bar

**Happy
Mother's Day
Weekend!**

